the welcome

Meal Pelivery Service.

Our meals are accompanied with seasonal vegetables.

Week 1			
Mon	Sausage Casserole	Vegetarian Kiev	Lemon Drizzle
Tue	Cheese & Onion Pie	Vegetarian Casserole	Chocolate Chip Sponge
Wed	Roast Beef Dinner	Nutless Roast Dinner	Fruit Meringue
Thu	Lasagne	Vegetable Gratin	Fruit Crumble
Fri	Fish Gratin	Sweetcorn Fritters	Toffee Sponge
Week 2			
Mon	Sausage & Mash	Cheese & Onion Pie	Apple Strudel
Tue	Beef Stew	Vegetarian Sausage	Syrup Sponge
Wed	Roast Pork Dinner	Nutless Roast Dinner	Cheesecake
Thu	Chicken Casserole	Vegetable Lasagne	Fruitcake & Stewed Apple
Fri	Fish In Parsley sauce	Vegetable Gratin	Chocolate Chip Sponge
Week 3			
Mon	Sausage Casserole	Vegetarian Kiev	Lemon Drizzle
Tue	Cheese & Onion Pie	Vegetarian Casserole	Jam Sponge
Wed	Chicken Dinner	Nutless Roast Dinner	Fruit Meringue
Thu	Pasta Bolognese	Vegetable Gratin	Fruit Crumble
Fri	Fish Gratin	Sweetcorn Fritters	Toffee Sponge
Week 4			
Mon	Sausage & Mash	Vegetarian Casserole	Fruit Strudel
Tue	Chicken Pie	Cheese & Onion Pie	Pineapple Upside Down Cake
Wed	Roast Pork Dinner	Nutless Roast Dinner	Spotted Dick
Thu	Braised Beef	Vegetable Lasagne	Fruitcake & Stewed Apple
Fri	Fish In Parsley sauce	Vegetarian Kiev	Syrup Sponge