## meal belivery Serwice.

Our meals are accompanied with seasonal vegetables.

## Week 1

| Mon | Sausage Casserole | Vegetarian Kiev | Lemon Drizzle |
| :---: | :---: | :---: | :---: |
| Tue | Cheese \& Onion Pie | Vegetarian Casserole | Chocolate Chip Sponge |
| Wed | Roast Beef Dinner | Nutless Roast Dinner | Fruit Meringue |
| Thu | Lasagne | Vegetable Gratin | Fruit Crumble |
| Fri | Fish Gratin | Sweetcorn Fritters | Toffee Sponge |

## Week 2

| Mon | Sausage \& Mash | Cheese \& Onion Pie | Apple Strudel |
| :---: | :---: | :---: | :---: |
| Tue | Beef Stew | Vegetarian Sausage | Syrup Sponge |
| Wed | Roast Pork Dinner | Nutless Roast Dinner | Cheesecake |
| Thu | Chicken Casserole | Vegetable Lasagne | Fruitcake \& Stewed Apple |
| Fri | Fish In Parsley sauce | Vegetable Gratin | Chocolate Chip Sponge |

Week 3

| Mon | Sausage Casserole | Vegetarian Kiev | Lemon Drizzle |
| :---: | :---: | :---: | :---: |
| Tue | Cheese \& Onion Pie | Vegetarian Casserole | Jam Sponge |
| Wed | Chicken Dinner | Nutless Roast Dinner | Fruit Meringue |
| Thu | Pasta Bolognese | Vegetable Gratin | Fruit Crumble |
| Fri | Fish Gratin | Sweetcorn Fritters | Toffee Sponge |
| Week 4 |  |  |  |
| Mon | Sausage \& Mash | Vegetarian Casserole | Fruit Strudel |
| Tue | Chicken Pie | Cheese \& Onion Pie | Pineapple Upside Down Cake |
| Wed | Roast Pork Dinner | Nutless Roast Dinner | Spotted Dick |
| Thu | Braised Beef | Vegetable Lasagne | Fruitcake \& Stewed Apple |
| Fri | Fish In Parsley sauce | Vegetarian Kiev | Syrup Sponge |

