

# Our commitment to you.....

Our “Food For Life Served Here” menu means we serve  
*Fresh, local, honest food.*

Our food is free from *undesirable trans fats, sweeteners  
and additives*

Our food is freshly prepared on site by professional staff  
who care about quality and ingredients

We support local wherever possible...our meat comes from  
*Quality Cuts of Sandbach, Littler's of Sandiway and Barrows  
of Bollington*

We use free range eggs, organic yogurt, organic Mornflake  
oats and MSC fish.

We are taking steps to *reduce sugar in our recipes*

We are taking steps to *reduce single use plastic*

We can and will cater for all *special dietary requirements*



CATERING WITH THE  
RIGHT INGREDIENTS

# Fresh Catering

Autumn/ Winter 2023-24

At: Springfield School

November 2023						
M	Tu	W	T	Fri	Sa	Su
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

December 2023						
M	Tu	W	T	Fri	Sa	Su
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

January 2024						
M	Tu	W	T	Fri	Sa	Su
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

February 2024						
M	Tu	W	T	Fri	Sa	Su
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29			

March 2024						
M	Tu	W	T	Fri	Sa	Su
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

April 2024						
M	Tu	W	T	Fri	Sa	Su
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					



# Autumn/ Winter Menu 2023-24

## Week 1

## Week 2

### MONDAY

Ravioli with a  
Homemade Tomato  
Sauce (v)

Vegetable Frittata  
with Salad Potatoes  
(v)

Lemon Bites, Yogurt  
or Fresh Fruit Platter

### TUESDAY

Butchers Sausage,  
Creamed Potatoes,  
Vegetables & Gravy

Spanish Rice (v)

Steamed Pear, Peach  
& Sultana Sponge  
with Custard or Fruit

### WEDNESDAY

Hot Roast Gammon  
Bap, Roast Potatoes &  
Vegetable Sticks

Jacket Potato with a  
Choice of Filling/s (v)

Chocolate Crunch  
Finger with Fruit  
Chunk or Fresh Fruit

### THURSDAY

Sticky Chicken Fillet  
with Savoury Rice

Homemade  
Vegetarian Cottage Pie  
(v)

Fruit Crumble &  
Custard or Fresh Fruit  
Platter

### FRIDAY

Fish Fingers with Chips  
and Peas or Baked  
Beans

Texan Quorn Tortilla  
Boat with Chips (v)

Banana & Chocolate  
Muffin or Fresh Fruit  
Platter

### MONDAY

Homemade Cheese &  
Tomato Pizza with  
Rice & Pasta Salad (v)

Five Bean Chilli with  
Rice (v)

Shortbread Finger  
with Fruit Chunk,  
Yogurt or Fresh Fruit

### TUESDAY

Minced Beef &  
Vegetable Pie with  
Sauté Potatoes

Homemade Italian  
Pasta Bake (v)

Berry Buns or Fresh  
Fruit Platter

### WEDNESDAY

Roast Pork, Apple Sce,  
Potatoes, Vegetables  
& Gravy

Jacket Potato with a  
Choice of Filling/s (v)

Oat & Sultana  
Cookie or Fresh Fruit  
Platter

### THURSDAY

Chicken Tikka with  
Rice & Cous Cous

Cowboy Pie (v)

Apple & Banana  
Cake or Fresh Fruit  
Platter

### FRIDAY

Fish Nuggets with  
Chips and Peas or  
Baked Beans

Mexican Style Burrito  
with Chips & Baked  
Beans or Peas (v)

Chocolate Surprise  
Sponge & Chocolate  
Sauce or Fresh Fruit