

# Newsletter 6

20th October 2023



Dear Parents and Carers,

What a fantastic day we have had with an early Halloween theme. The children looked fantastic in the scariest outfits. Manchester and Chester construction have provided our DJ for this afternoon's events and prizes for the creative fancy dress.

This half term has been very busy, and the pupils have already progressed so much in just a short space of time.

Over half term the building work continues, and we will also be having a **new internet connection and phone system** installed to ensure we are ready when the school expands. (The school number will be the same 01270 691900). We are hoping there will be minimal disruption on our return, and we will communicate to you if we are experiencing difficulties. We will always be able to access our emails so if you do need to make contact and the phone line was down, please email or use eSchools.

Just a reminder **parents evening is Thursday 2nd November**, if you haven't already arranged a time, please use the eSchools app to book in. As you know, our staff here at Springfield work extremely hard and work beyond the school day to ensure planning, resources and assessment are all in place. To ensure a work life balance, staff are not expected to respond to e-mails and messages before 8.30am and after 5.00pm. If you require urgent contact outside of this time, please email [head@springfield.cheshire.sch.uk](mailto:head@springfield.cheshire.sch.uk) and I will endeavour to get back to you. Thank you in advance for your support for our staff.

We hope that you all have a wonderful half term holiday and just a reminder that we return to school on **Tuesday 31st October**.

Kind Regards,

Lisa and Kim

Lisa Hodgkison Headteacher Crewe and Wilmslow

Kim Cepeda Wilson Head of School Crewe

## An Amazing Surprise from the Crewe and Nantwich Rotary Club.

It was wonderful to have the Robert and Philip join us today from the Crewe and Nantwich Rotary club. The club held a fundraising golf day for the school in September and raised a phenomenal £7,000 for the school.

They joined the sixth form assembly to hear some of the ideas that the students had come up with to spend the money. The two key themes today were instruments and sports equipment.

We are overwhelmed with the generosity of the local community within the Crewe and Nantwich Rotary club, a huge thank you to them all.

## School Photos



School photos will be conducted on

**Thursday 2nd November 2023**

At this session we will be photographing

Whole School

Individuals

Please ensure full uniform is worn and children are neat and tidy.

Parents will receive free proofs of every image  
and the option to make a purchase.

# October Half Term



## Monks Coppenhall Family Hub

Monday 23 <sup>rd</sup> October	Tuesday 24 <sup>th</sup> October	Wednesday 25 <sup>th</sup> October	Thursday 26 <sup>th</sup> October	Friday 27 <sup>th</sup> October
<p><b>Fun with Sensory for children with additional needs</b> For children 0-11 years 10:00 – 11:30</p> <p><b>Outdoor Activities for children with additional needs aged 10+ years.</b> 10:00 – 16:00</p> <p><b>Sensory Play Dough session</b> For children 0-11 years 1:00 – 2:00 2:00 – 3:00</p>	<p><b>Outdoor Activities for children aged 10+ years.</b> 10:00 – 16:00</p> <p><b>Rhyme Time Session</b> For children 0-11 years 2:00 – 3:00</p>	<p><b>Silent Disco for children with additional needs</b> From age 8 plus 10:30 – 12:30 14:30 – 16:30</p> <p><b>Family Fun</b> Children aged 0 – 11 years are welcome to join a fun-filled session of activities which will include spooky decorations, messy play, pumpkin playdough, and more. 1:00 – 2:30</p>	<p><b>Babies Together</b> Birth to walking: 1:00 – 2:30</p>	<p><b>Family Ties Sensory Session</b> 10:30 – 12:00</p> <p><b>Outdoor Activities for children with additional needs aged 10+ years.</b> 10:00 – 16:00</p> <p><b>Little Stars – Special guest</b> Nick the Magician For children aged 0 – 11 with diagnosed and undiagnosed additional needs. 1:00 – 3:00</p>

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**Outdoor Activities includes:** bush craft, bringing hammocks, fire pit / marsh mellow, possibly willow weaving, firelighting, cooking on fires, slack lines, shelter building, team building activities

**Sensory Play dough session:** Playdoh is a great sensory medium for All. Children can squeeze, squash, pound and poke the playdough to give themselves lovely proprioceptive and tactile feedback. Using a well cooked, non-sticky homemade playdough can be helpful for children who are usually over sensitive to tactile experiences. Children can add more tactile stimulation by hiding small objects that can be felt for and dug out of a big blob of playdough.

**Rhyme Time Session:** Rhyme time session brings adults and children together in a safe and supportive environment. The sessions are informal learning opportunities which model and encourage the singing of songs and rhymes and the sharing of stories with young children. -Repetition of rhymes and singing supports language and literacy development. -Children will take comfort from rhymes when they are repeated and become familiar. -Rhymes are portable playthings – they can be sung or said any time, any place. -Through rhymes, children naturally learn essential skills for communicating, such as turn-taking and joining in

**Family Ties Sensory Session:** The four members of the Family T.I.E.S Team are all specialists in children's emotional health, providing support to schools, children, teenagers, and families with all aspects of emotional health. They provide relaxed, calm, and playful sessions which focus on strengthening relationship and promoting secure attachment between toddler and parent/carer. Each session features sensory experiences, creative play, songs, rhymes, relaxation techniques and breathing exercises alongside sharing knowledge on positive interactions, communication, and the stages of development.

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# New Lunch Menu

Please see attached the menu that will be in place from MONDAY 6TH NOVEMBER.

Thank you to the School Council for making the choices which have been applied to the new menu.

## Autumn/ Winter Menu 2023-24

### Week 1

<b>MONDAY</b>	Ravioli with a Homemade Tomato Sauce (v)	Vegetable Frittata with Sauté Potatoes (v)	Lemon Bites, Yogurt or Fresh Fruit Platter
<b>TUESDAY</b>	Butchers Sausage, Creamed Potatoes, Vegetables & Gravy	Spanish Rice (v)	Steamed Pear, Peach & Sultana Sponge with Custard or Fruit
<b>WEDNESDAY</b>	Hot Roast Gammon Bag, Roast Potatoes & Vegetable Sticks	Jacket Potato with a Choice of Filling/s (v)	Chocolate Crunch Finger with Fruit Chunk or Fresh Fruit
<b>THURSDAY</b>	Sticky Chicken Fillet with Savoury Rice	Homemade Vegetarian Cottage Pie (v)	Fruit Crumble & Custard or Fresh Fruit Platter
<b>FRIDAY</b>	Fish Fingers with Chips and Peas or Baked Beans	Tsuan Quorn Tortilla Boat with Chips (v)	Banana & Chocolate Muffin or Fresh Fruit Platter

### Week 2

<b>MONDAY</b>	Homemade Cheese & Tomato Pizza with Rice & Pasta Salad (v)	Five Bean Chili with Rice (v)	Shortbread Finger with Fruit Chunk, Yogurt or Fresh Fruit
<b>TUESDAY</b>	Minced Beef & Vegetable Pie with Sauté Potatoes	Homemade Italian Pasta Bake (v)	Berry Burns or Fresh Fruit Platter
<b>WEDNESDAY</b>	Roast Pork, Apple Sca, Potatoes, Vegetables & Gravy	Jacket Potato with a Choice of Filling/s (v)	Oat & Sultana Cookie or Fresh Fruit Platter
<b>THURSDAY</b>	Chicken Tikka with Rice & Cous Cous	Cowboy Pie (v)	Apple & Banana Cake or Fresh Fruit Platter
<b>FRIDAY</b>	Fish Nuggets with Chips and Peas or Baked Beans	Mexican Style Burrito with Chips & Baked Beans or Peas (v)	Chocolate Surprise Sponge & Chocolate Sauce or Fresh Fruit

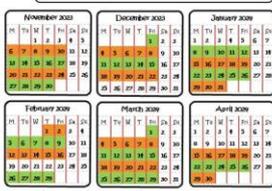
**Our commitment to you.....**

- Our "Food For Life Served Here" menu means we serve *Fresh, local, honest food.*
- Our food is free from *undesirable trans fats, sweeteners and additives*
- Our food is freshly prepared on site by professional staff who care about quality and ingredients
- We support local wherever possible...our meat comes from *Quality Cuts of Sandbach, Litter's of Sandiway and Barrows of Bollington*
- We use free range eggs, organic yogurt, organic Mornflake oats and MSC fish.
- We are taking steps to *reduce sugar in our recipes*
- We are taking steps to *reduce single use plastic*
- We can and will cater for all *special dietary requirements*

**Fresh Catering** 

*Autumn/ Winter 2023-24*

At: **Springfield School**




## Parent-Carer Involvement in a Research Study at Keele University

Research into prescribing common medicines for people with learning disability and autism in primary care

**Keele UNIVERSITY**  
School of Medicine

**Do you care for someone with learning disability or autism?**

If yes, we are interested in hearing your views about the medicines people with learning disability or autism are prescribed in primary care

If you are interested, please join us for an interactive session to share your views.

Contact: Sara Muller, [s.muller@keele.ac.uk](mailto:s.muller@keele.ac.uk)  
Venue: MS Teams (instructions available)  
Date & time: 10am-12pm Tuesday 21<sup>st</sup> November



## Swimming

Swimming club returns for our **secondary children on Tuesday 31st October** and for **primary children on Thursday 2nd November 2023.**

The groups will remain the same for next half term. New groups will start in January 2024, details to follow.

Please ensure your children have the correct swimming kit. This includes a swimming pad or incontinence swimwear if they are not toilet trained.

*This is essential for the benefit of all swimmers.*

*Your cooperation is much appreciated.*

## Household Support Fund

The next Household Support Fund supermarket voucher distribution to education settings will be in advance of the 2023 Christmas holidays.

The automatic rollout of supermarket vouchers will only be provided to pupils in receipt of IRFSM. All pupils in receipt of IRFSM on 30 November 2023 will receive HSF vouchers via their education setting.

If you think you may qualify for IRFSM please visit [https://www.cheshireeast.gov.uk/schools/school-meals/free\\_school\\_meals.aspx](https://www.cheshireeast.gov.uk/schools/school-meals/free_school_meals.aspx)

## The School Gate

Thank you to all the parents for attending today, Kirsty Brudenell sent her apologies as she could not attend due to her being ill.

If any parents are looking for activities during the holiday, look at the Parents Page on our Springfield Website, click onto What's happening in Cheshire east area and also what's in the community too. You should have a list of activities.

- Westport Lake Playground - has cycle area, park area, and booking is required. 01782 234 234
- Caterton Mini Cycle - you can take your own bikes too, more info is on the website, booking required.
- Autism Inclusive - Bramhall Road, Crewe CW2 8PS
- For local areas - Visit the Family Hub at Monks Coppenhall Centre or call them.

I would advise you to call each activity before turning up and also mention to them that you do have siblings too.

I wish you all a lovely holiday, stay safe and be well!

Farida

## Friends of Springfield

The Friends of Springfield held their Annual General Meeting this week. Please see the [minutes](#) on the school website, we have some exciting events planned.

We welcome new members, the next meeting is scheduled to be held on Thursday 16th November 2023, 12 noon at Springfield School. If anyone would like to attend virtually, please let us know, we'd love to see you there.

## Our NHS Team

### Nursing Team

Direct phone numbers to the nursing team are:

01270 826151 there is an answerphone on this.

01270 826150 there is no answerphone on this.

### Physiotherapy and Occupational Therapy

Hayley Mitchell, Physiotherapist, is in school Monday to Friday

Caitlin Graham-Smith, Physiotherapist, working in school Thursdays and Fridays

Lucy Webb, Occupational Therapist works Monday, Wednesday, Thursday; and is part of the Therapy Outreach Programme.

Therapy Assistants: Liz Lehm, Jane Mather, Grace Bullen, and Megan Powell

Yvonne Williams, Occupational Therapist works on a Monday.

Physio/OT direct line: 01270 826153

Wheelchair assessment unit: 01270 826323

Wheelchair repairs: Rosscare 0151 6536000

### Speech Therapy

Phone the school on 01270 691900 or on direct line 01270 826152.

Jo Currie is in school Monday, Tuesday, and Wednesday.

Alex Makin is in school Wednesday morning, Thursday, and Friday.

Cathy Webster and Rachel Turner are our Speech and Language Therapy Assistants

Email: [joanne.currie2@mcht.nhs.uk](mailto:joanne.currie2@mcht.nhs.uk)

[alex.makin@mcht.nhs.uk](mailto:alex.makin@mcht.nhs.uk)

Or contact via eSchools.

## Contact Us

### If you need to contact us:

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Crewe

CW1 5HS

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Email: [head@springfield.cheshire.sch.uk](mailto:head@springfield.cheshire.sch.uk)